



September 2017 from the Village Cooperative of Lawrence

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Why Should You Consider Downsizing After Retirement?

Seniors today are looking for ways to age as independently as possible. To some, this means a desire to remain living in their current homes indefinitely; however, more and more seniors are recognizing the joy that downsizing can bring after retirement—or even leading up to it.

First, it's important to recognize when your current home no longer meets your needs. For example, perhaps navigating the stairs down into the basement to do laundry has become a treacherous task. Maybe the bathrooms are not set up in a way that allows you to safely bathe and get ready for the day. Or, there are rooms you simply don't use anymore.

It's also important to consider how much maintenance your home requires, inside and out. Yardwork, exterior upkeep, and cleaning from top to bottom—not only do these tasks take up your precious time, they may become too difficult or dangerous for you to complete. Plus, the cost to remain living in your house is always on the rise. Upkeep, taxes, and big ticket repairs when something goes wrong, like a leaky roof or faulty furnace, add up quickly.



Procrastination is *Not* a Plan Five Ways to Fight this Demoralizer

- **Force yourself** to do what needs to be done.
- **Do unpleasant work early**, when you have energy.
- **Set attainable goals** and do the work in steps.
- **Unplug distractions**, such as the TV and other gadgets.
- **The five-minute rule:** Commit to doing the job for five minutes. At the end of five minutes, commit to another five minutes and so on, until you reach your goal.

Member Events

Member Meeting

Wednesday, Sept. 13th

10:00am

Village Cooperative Office
1201 Wakarusa, Building C,
Suite 2, Lawrence, KS

Get an update on what's
happening with our community.

Informational Seminar

Wednesday, Sept. 13th

1:00pm

Village Cooperative Office
1201 Wakarusa, Building C,
Suite 2, Lawrence, KS

Refer a friend to join us so they
can learn more about what we
have to offer!



Benefits of Cooperative Living Worth Considering...

1.) Enhanced Security.

Because neighbors know each other, many members feel more secure both in their homes as well as when they are away traveling for business or pleasure.

2.) More Opportunities to Strengthen the Social Fabric of the Community.

Cooperatives are about living in a community with other like-minded individuals. As such, co-ops provide natural opportunities for members to form friendships, pursue common interests and, ultimately, strengthen their community beyond what you find in traditional senior apartments or condos.



3.) Operation at Cost.

In a co-op like the Village Cooperative, monthly fees are equal to the actual cost of owning and operating the property. In a rental, rents go up far faster than actual costs because the landlord is in business to make a profit. Cooperative members keep the profit that a landlord would pocket.

Call Cathie today at (785) 330-5041 to learn more about other advantages of cooperative living in Lawrence, KS!

Did you know...

Since 1978, the first Sunday following Labor Day is **National Grandparents Day?**

So, celebrate your special bond with your grandkids this year on **Sunday, Sept. 10th** and enjoy your day!





Birthdays This Month

Randy & Sue K. – Sept. 2nd

Joyce S. – Sept. 22nd

Wilma L. – Sept. 23rd

Bill Y. – Sept. 26th

Mary M. – Sept. 28th

Featured Floor Plan of the Month



Home “O”

1 Bedroom, 1.5 Bath + Den – 1,222 sq. ft.

This plan offers a unique, open and spacious layout with a kitchen/living/dining room combo that opens to a large private deck. This plan also features a convenient den. This home includes a reserved space in the heated underground parking garage as well as your own private laundry room with side by side washer and dryer, plus lots of storage! **You just can't find a better maintenance-free value in this fantastic Lawrence, KS location!**

Quote of the Month

"Someone is sitting in the shade today because someone planted a tree a long time ago."

~ Warren Buffett

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Village Cooperative is a community of active adults, so stay active with us—online! We'll keep you informed about upcoming events as well as share photos from past ones!

