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DEDICATED TO EXCELLENCE IN THE INTELLECTUAL, EMOTIONAL, AND BEHAVIORAL DEVELOPMENT OF YOUNG PEOPLE

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**Education:**

Earlham College, Richmond, IN. 1983-1987. BA., Philosophy  
California School of Professional Psychology, Alameda, CA 1994-1999

**M.A., Psy.D in Clinical Psychology: CT License # 002444**

**Clinical Work Experience:**

**Arete Psychological Services, LLC**, Hamden, CT. 3/07/03 – Present  
*Director of Adolescent & Young Adult Services*

Responsible for providing full-time direct therapeutic services to adolescents, young adults, and families. Handling psychological assessment for individual families and in conjunction with numerous school districts for the purpose of educational planning and placement. Crisis intervention services offered as required by partner school districts, as well as outplacement educational consulting. Responsible for business management, accounting, marketing, and general small business duties for Arete Psychological Services, LLC.

**Cheshire High School**, Cheshire, CT. 3/25/03 – Present  
*Consulting Psychologist*

Providing psychological assessments, risk evaluations, special education evaluations and recommendations, and ongoing outpatient psychotherapy services to Cheshire High School students with psychiatric needs. Coordination of special education and psychiatric services for students placed in The Humiston School branch of CHS's special education division.

**Lyman Hall High School**, Wallingford, CT. 9/1/2005 – 6/1/06  
*In-Services Program Manager & Consultant*

Designed and implemented behavioral health management groups for at-risk adolescents. Supervised a curriculum of five weekly groups for students identified with various psychiatric disorders, and advised school administration on the distribution of special services and support resources for these students.

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**The Institute of Living, Child & Adolescent Services, Hartford, CT. 6/07/01 - 3/07/03**  
Treatment Manager, PHASE Intensive Outpatient Program

Oversight of daily operations of the PHASE intensive outpatient program, including managing intakes, co-facilitating psychotherapy groups, implementing substance abuse prevention curriculum, and conducting multi-family therapy groups. Provided individual and family therapy to patients, crisis intervention services, and coordination of case management within the medical treatment team.

**The Institute of Living, Child & Adolescent Services, Hartford, CT. 6/11/00 - 6/07/01**  
Post-Doctoral Fellow

Provided assessment and psychotherapy to partial hospitalization and outpatient adolescent clients. Responsibilities include behavioral management program design, substance abuse education and treatment, intensive family and individual therapy, and supervision of pre-doctoral interns. Pharmacotherapy evaluation and medication management in conjunction with supervising psychiatrists.

**Xanthos Inc., Youth & Family Programs, Alameda, CA. 8/20/98-8/01/99**  
Pre-Doctoral Internship

Responsible for providing therapy to families with one or more adolescent children. Assisted the program director in providing narrative and family systems trainings to first and second year interns. Designed and facilitated therapeutic groups for young men in Alameda schools focused on themes such as impulse control, violence prevention, and building relationships. Handled crisis management for Alameda County DSS runaway youth department.

**The California College of Arts and Crafts, Oakland, CA. 8/15/97-6/1/98**  
Intern

Provided both long and short-term individual outpatient therapy to CCAC students. Typical cases included high functioning young adults with situational or academic stress, substance abuse counseling, suicide and crisis intervention, and longer-term insight-oriented therapy.

**The West Coast Children's Center, El Cerrito, CA. 9/5/95-8/30/96**  
Intern

Provided direct therapeutic services to children, adolescents and adults. Managed several foster care cases via family therapy, participation in school IEP meetings, and parent training. Carried a year-long caseload of children, adolescents, and families.

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**Children's Garden of California, San Rafael, CA. 1/30/95-1/15/98**

Child Care Counselor

Overnight on-call staff position in any of several group homes for SED children awaiting foster placement. The position required structuring daily activities, teaching social and interpersonal skills, and managing the children's crises.

**Langley Porter Psychiatric Hospital, San Francisco, CA. 11/5/94-8/15/95.**

Extern

Children's unit: Duties include daily observation of children's behavior and level of disturbance, management of acute behavioral crisis, family and group therapy, and reporting appropriately to the various members of the clinical team as well as providing support and companionship for the children.

**The Cascade School, Whitmore, CA. 10/89-6/94.**

Counselor

Developed treatment plans and established specific social and emotional goals for groups of emotionally disturbed adolescents in a residential facility. Facilitated weekly group therapeutic sessions on various clinical topics, including adoption issues, sexual abuse, and chemical dependency. Served as primary parent contact and family counselor for individual student/clients.

Senior Counselor

Created and managed the Leadership division of Cascade. Supervised three counselors in program design for their individual caseloads of 8-12 student/clients. Facilitated extended therapeutic workshops that targeted children with specific trauma-related and/or developmental issues. These workshops employed a variety of cognitive/behavioral, psychodynamic, and narrative therapeutic strategies. Provided ongoing college counseling to matriculating post-grads.

**Teaching and Research Experience:**

**Yale University Health, Emotion, & Behavior Laboratory, New Haven, CT [2010]**

Advisor and Co-Author

Currently involved in co-authoring a chapter of a new book produced by the Health, Emotion, & Behavior Laboratory under the direction and editorship of director Marc A. Brackett, Ph.D., entitled: *Emotional Literacy in the Classroom: Strategies for Students with Special Needs*.

**The California School of Professional Psychology, Alameda, CA [2000]**

Adjunct Professor

Designed and taught 3-unit course "History and Systems of Psychology" to first and second year Ph.D. students. Responsible also for student advising and managing TA services.

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**The California School of Professional Psychology, Alameda, CA [1999]**

Guest Lecturer

Created and taught an adjunct lecture series on the history of psychology, and the influence of Enlightenment-Era philosophy on modern psychological practice.

**Emerson English School, Taipei, Taiwan. 10/87-11/88**

Teacher

Taught English to Taiwanese business groups and individuals of intermediate and advanced levels. Developed lesson plans, facilitated cross-cultural activities, and participated in school-year planning and management. Designed individual tutoring programs for advanced students.

**Professional Work Experience:**

**iLux Corporation, Fremont, CA. 5/8/00-5/15/01**

Manager of Documentation and Research

Managed a group of four technical writers producing cutting-edge documentation for all aspects of iLux software. Coordinated training program for technical writing staff, and handled numerous facets of staff development, hiring, and project implementation.

**iLux Corporation, Fremont, CA. 3/6/00-5/8/00**

Senior Technical Writer

Designed and implemented printed and online help manuals. Created interactive user guides for all components of iLux software. Researched and documented the integration of partner products and services, and translated highly technical field-staff (SE) trouble-shooting information into an accessible knowledge base for customers and in-house personnel.

**Semi Logic Entertainments, Redding, CA. 9/1/99-2/20/00**

Technical Writer

Utilized MS Word, FrameMaker, Photoshop, etc., to design, edit, and proofread existing technical design documents, help manuals, and advertising copy for SLE products. Worked under tight deadlines interviewing company programmers, artists, and managers, to create comprehensive documentation for forthcoming games and software. Translated technical specs into accessible and interesting reading for both technical and non-technical audiences including project coordinators, advertising executives, and end-users.

**Awards:**

The Nathan Adler Memorial Award for Outstanding Clinical Dissertations

Awarded by: The California School of Professional Psychology, 1999

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**Related Clinical Training:**

**West Coast Children's Center Training Components, 9/95-8/96.**

- "Seminar in Expressive Arts Therapy"
- "Seminar in Sandtray"
- "Didactic Case Conference in Narrative Therapy"
- "Seminar in Control Mastery Theory"

**Cascade School Training Seminars, 1/90-6/94**

- "Theory and Practice of Counseling Adopted Adolescents"
- "Workshop Management-Gestalt Theory and Practice"
- "Group Therapy Facilitator Training"
- "Transference and Counter-transference Awareness"

**CSPP Continuing Education Credits, 1998-1998.**

- "Human Sexuality Workshop"
- "Chemical Dependency, Assessment and Treatment"
- "Child Abuse Assessment and Reporting"

**Institute of Living Training Components, 6/02-Present.**

- "Intervention in the Larger Family System"
- "Advanced Interpersonal Therapy Training"
- "Advanced Group Therapy Training"
- "Applied Psychopharmacology Seminar"

**Professional Affiliations:**

Member of the American Psychological Association.

**References:**

Marc Brackett, Ph.D., Deputy Director: Health, Emotion, and Behavior Laboratory, Yale University Department of Psychology. 2 Hillhouse Avenue, New Haven, CT, 06511. (203) 432-2332

Michael Ebert, M.D., Professor of Psychiatry, Yale University School of Medicine. 434 Whitfield Street, Guilford, CT, 06437. (203) 453-6053

Paul Calaluce, Ph.D., Assistant Superintendent for Special Education, Cheshire Public Schools. 29 Main Street, Cheshire, CT 06419.

James DeGiovanni, Ph.D., Director of Clinical Training, The Institute of Living. 400 Washington Street, Hartford, CT, 06106. (860) 545-7000